



24th Annual EMS Symposium



This issue of RESPONSE: EMS ALASKA includes the schedule for the 1999 State EMS Symposium. This year's event will be held at the Egan Center, in Anchorage, on November 11, 12, and 13. The hosting hotel is the Hotel Captain Cook where the special conference rate is \$81 per night (single or double). The toll free reservation line for the Hotel Captain Cook is 800-843-1950. A shuttle bus service will be provided to and from the conference site during normal conference hours.

As you can see from the schedule, this year's symposium should be both entertaining and educational. We have many new and innovative speakers attending this year's event and welcome back several others who have made their marks on Alaska EMS. This year we are including offerings Saturday afternoon during the Skills Competition. Many of last year's attendees expressed interest in attending presentations Saturday afternoon.

Pre-Symposium Workshops

There are several high quality pre-symposium workshops from which to choose. These classes provide an opportunity to learn about a subject in more detail than is possible during the 90-minute presentations found on Friday and Saturday.

On Wednesday, November 10, we will begin with two, two-day courses. We have a *Pediatric Advanced Life Support (PALS)* course, sponsored by Providence Health System Alaska and a *Pediatric Pre-hospital Care Course*. Both courses will be held at the Hotel Captain Cook on Wednesday. The *PALS* course will move to Providence Alaska Medical Center on Thursday and the *Pediatric Pre-hospital Care Course* will remain at the Hotel Captain Cook.

Thursday, November 11, we have a full day planned with many options for obtaining continuing education credit. We are offering three full-day classes: *EMS Billing 101*, *Family Violence Workshop*, and *Hazmat Awareness*. In addition, we will have an all day session on *Domestic Preparedness Training*. There are also four other half-day sessions. They are *Advanced Airway Management*; *Shock: The Lay-up, The Sinker, The Bounce*; *Developing "PowerPoint" Expertise Workshop*; and *Life at its Outer Limits*. Most sessions on Thursday will be at the Egan Convention Center but please check the schedule for time and location. We are also featuring a three-day *Emergency Medical Dispatchers* course which will begin on Thursday.

Opening Session

You don't want to miss this year's opening session. As in year's past, we will announce the nominees and winners of many of the Governor's EMS awards. This will provide an opportunity for award winners and nominees to be recognized by their peers and colleagues during Symposium.

General Session

Our speaker for this year's General Session comes from the University of New Mexico where he is the Medical Director of the Pediatric Emergency Department. Dr. Robert E. Sapien is a native of New Mexico and after completing a pediatric residency at Harbor-UCLA Medical Center and a Pediatric Emergency Medicine Fellowship at Los Angeles County-USC Medical Center, he returned to New Mexico and joined the faculty as an Assistant Professor of Emergency Medicine and Pediatrics, where he remains today. He organized and opened the state's first Pediatric Emergency Department in 1994. Through his work at the University of New Mexico, he has been the Principle Investigator on several grants, including an EMS for Children development grant, an EMSC Targeted Issues grant, and EMSC partnership grant, and an National Institutes of Health Asthma Academic Award. He has taught extensively in New Mexico on pediatric issues to school nurses, pre-hospital care providers and physicians.

An Alaska Department of Health and Social Services Publication

Tony Knowles, Governor
Karen Perdue, Commissioner

RESPONSE: EMS Alaska

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INJURY PREVENTION TRACK



Injury remains the number one cause of death of Alaska's children. EMS responders are ideally suited to play an expanded role in injury prevention. This year's Injury Prevention track will focus on how EMS responders can become more involved and will help provide the tools to do so.

"EMTs: Predicting Injury and Preventing Crisis" is a presentation on how EMS can play a vital role in injury prevention. Very often we hesitate to get involved if we are unsure of our role and where we "fit" in. This presentation will help answer those questions.

Suicide is the number one killer of Alaskan youth between the ages of 15 – 19. "Gatekeeper" training is a presentation on how anyone who has contact with children can recognize early warning signs of a suicidal youth and intervene.

"Pediatric Injuries" are preventable when behavioral and developmental factors are taken into consideration. This presentation will provide a better understanding of the contributing factors in pediatric injuries and how you can help.

We hope to see many of you at these presentations — ready to have an impact on your patient's life beyond his or her immediate health care needs.



On Saturday, November 13, 1999, Providence Alaska Medical Center will sponsor the Safe Kids Luncheon for those who are active or interested in child safety issues. The luncheon will be limited to the first fifty pre-registrants. You won't want to miss this exciting luncheon!



CLINICAL TRACK



On November 12 and 13, the symposium will present two days of clinical lectures on emergency medicine topics featuring numerous national and local experts. The clinical track is co-sponsored by the Alaska Chapter of the American College of Emergency Physicians (ACEP).

Some changes have been made to this year's clinical track. The lectures will continue to be at the physician level, with other health professionals invited to attend. This year we have expanded the question and answer period after each lecture, so specific issues and cases can be discussed. Also, the lunch times are expanded to allow more networking.

Saturday afternoon we will also have a three hour session on the role of a Medical Director. Presenters include: Matt Anderson, CHEMS EMS Unit Manager; Dave Ingraham, MD, State EMS Medical Co-Director; and Mike Levy, MD, Anchorage EMS Medical Director. It will include an update on national EMS medical directors' issues from the recent conference of state EMS directors. We anticipate it will be a good update for seasoned medical directors, as well as an orientation for the new EMS Medical Director. There will be a panel discussion in the afternoon concerning medical director issues.

(continued on Page 3)

(continued from Page 2)

If you have an item you would like discussed, please e-mail Scott Dull at scottdull@aol.com.

There will be a total of 11 lecture hours. Some of the topics include:

- ? Community acquired pneumonia treatment updates (given by a critical care/pulmonologist from Salt Lake City).
- ? Headaches in the emergency setting, latest treatments and pearls of diagnosis, as well as update on latest anti-seizure medications (local Neurologist).
- ? Cardiology: Arrhythmia's, above and below the node. Updates on new treatments for Atrial Fib, Ventricular Tachycardia. (Local Cardiologist).
- ? Symptomatic treatment of the common cold: what does the literature say really works? (Pulmonologist from SLC).
- ? Keynote speaker on pediatric issues and case studies in the pre-hospital and ED setting.
- ? Lecture by ACEP Board Member, topic to be decided by state ACEP.

Please consider attending! We should have an excellent educational conference, with: CME; lunches and dinners; and a chance to meet with other emergency medicine providers and medical directors throughout the state.

There will be a complimentary dinner Friday night, sponsored by ACEP, for all physicians working in an emergency setting. Please indicate your desire to attend on the registration form.

Scott Dull, MD

State EMS Medical Co-Director

Clinical Tract Coordinator

Pre-Symposium Highlights

Domestic Preparedness Training

This year we are offering an all day session on November 11 in Domestic Preparedness Training. This involves training EMS personnel in recognizing and responding to Weapons of Mass Destruction (WMD), such as nuclear material, biological and chemical weapons. Before you say "this could never happen here," think about the potential for destruction and the delay in getting outside help in combating a terrorist attack, if it did happen. We need to be aware of the potential and be prepared for the possibility.



The session will be held begin at 8:00 AM. This course is designed to be an introduction to WMD. After a discussion about "the Threat," you will be introduced to chemical agents, biological agents, and radiological material. The course will also address the types of devices commonly used in employment of WMD and defensive actions a responder should employ.

In the afternoon we will expand on the material learned in the morning. It will focus on: responder actions; hazard prediction; personal protective equipment commonly used and the limitations of the equipment; equipment that is available for detection and identification of the presence of a WMD; and some emergency decontamination techniques.

This training will be at the Egan Convention Center. There also will be a 90-minute session on Friday, November 12 called "Preparing to Respond to Bioterrorism." If you have any questions, you can contact Frank Nolan, MICP, Battalion Chief of EMS Training, Anchorage Fire Department, at 267-5002.

Family Violence Workshop

This one day workshop will look at all aspects of violence in the family, from child abuse, intimate partner abuse, to elder abuse. You will learn how the EMS community can have an impact on this growing problem. The last two hours will be a train-the-trainer session to assist services in complying with an Alaska statute that requires continuing education in domestic violence for public employees who are required by law (AS 47.17.020) to report abuse or neglect of children. This training will also satisfy that requirement.



EMS Billing 101

A "How To Get Started" course in billing for ambulance services. How to do an accurate cost analysis: What does it truly cost to make an ambulance service run? Learn the basic rules and regulations of Medicare and the effectiveness of complete and accurate documentation on the patient narrative. Leslea Adams specializes in billing for ambulance providers, with a commitment to keeping ambulance service "at home" and affordable to your patients.



Hotel Reservations

The hosting hotel is the Hotel Captain Cook where the conference rate is \$81 per night. The toll free reservation line for the hotel is 800-843-1950. Those needing hotel reservations are encouraged to contact the Captain Cook as soon as possible and before October 28, 1999, to guarantee the special symposium rate. Information regarding the shuttle bus service to and from the conference site will be available at hotel check-in.

We would like to remind you of the importance of staying at our host hotel, the Hotel Captain Cook, which is offering us the special symposium rate. While we realize some of you may want to stay at other locations for a variety of reasons, your support is very important to the Symposium overall. Staying at the official host hotel assists in many ways, including offering significantly reduced costs for our speaker rooms, providing the shuttle service to the Egan Center, and other benefits based on the number of hotel rooms used. This, in turn, allows us to bring you the highest quality speakers and helps us to keep the Symposium registration fees at the same low rates as in previous years.

Parking



The Egan Center is located on 5th Avenue between E and F Streets and there are many convenient options for parking nearby. There are approximately **800 free parking spaces** within a five-block radius of the Egan Center. Monday through Friday, between 9 AM and 6 PM, you may park for two hours on a block. On Saturday, Sunday, evenings, and municipal holidays, free parking is permitted at all metered spaces. November 11th is a municipal holiday. Parking and garages nearby include:

JC Penney Garage (6th and Fifth Street)
\$8.00 all day (50 cents/hour)
open: 7 a.m. - 6 p.m.

6th Avenue Parking Garage (enter on H Street)
\$5.00 all day (75 cents/hour)
Open 24 hours

5th Avenue Parking Garage (5th and B Street)
\$5.00 all day (50 cents/hour)
Open 24 hours

Dimond Parking Lots
Weekdays by the hour
Saturday, \$2.00 all day

Hotel Captain Cook Parking Garage
\$12.00 all day in garage adjacent to the hotel, (includes in/out privileges)
\$5.50 all day, 5th & K St
(Parking prices subject to change)

Participate in the 22nd Annual All-Alaska EMT Skills Competition

The King Career Center Emergency Services Technology Program and the Alaska Medical Support Team are organizing the All-Alaska EMT Skills Competition. This annual event will be staged on Saturday, November 13th, in the Egan Center.

The organizers of the skills competition will distribute to all teams who pre-register a list of specific criteria by which the teams will be judged, as well as the criteria used for tie breaking. The criteria also will be sent to those organizations requesting them in writing.

Trophies and plaques for the top five teams will be presented at a ceremony during the awards banquet on Saturday, November 13th, at the Egan Center. In addition, prizes will be awarded to the top three teams. Entry forms are contained in this issue, if you have any further questions, please contact Southern Region EMS Council at (907) 562-6449.

All-Alaska EMT Skills Competition Rules

- Three practical problems will be selected from the EMT-I skills levels.
- Only one team (two members) from each organization may enroll.
- Each team is required to bring its own trauma kit, equipped as the members see fit. Any specialized equipment required for the practical will be furnished by the committee. If it is not possible to bring a kit, please let the committee know in advance and one will be supplied. No books will be allowed.
- There is no entry fee.
- Each team must send completed entry blanks before November 2, 1999, so adequate plans may be made for space. Late entries may be accepted on a space available basis.
- Each team is composed of two competitors and one judge. That judge will proctor a team other than the one from his or her service area. The judge may come from an area outside the team's service area. The judge must be certified to at least the EMT-I level.



It's not too early to begin planning for the 2000 Alaska EMS Symposium! Next year's event is scheduled to be held in Anchorage from November 9 - 11. **Put it on your calendar now.** Topics and speakers will be largely determined by Symposium evaluations and letters. Let us know your suggestions!



Upcoming Regional Symposia

Southeast Region EMS Symposium

March 15 - 18, 2000

(3/15 & 3/16 are pre-symposium classes)

Sitka, Alaska

Information:

Southeast Region EMS Council, Inc.

(907)747-8005

serems@ptialaska.net

Interior Region 5th Annual EMS Symposium

April 13 - 16, 2000

(4/13 & 4/14 are pre-symposium classes)

Fairbanks, Alaska

Information:

Interior Region EMS Council, Inc

(907)456-3977

iremasc@alaska.net



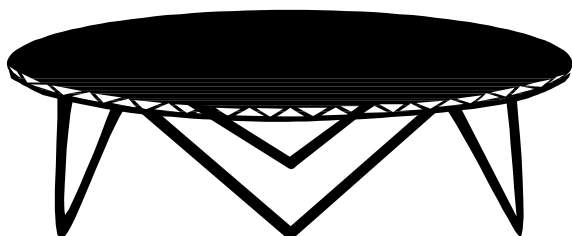
Tidbits from the Trauma Registry

Across the street from the EMS office is a trampoline. There are never fewer than three kids on it, there are never any adults around, and the ground beneath it is filled with bits of scrap and rocks. But it sure looks like fun!

In 1997, 14 Alaskan children were hospitalized after being injured on a trampoline. The average age was eight. Injuries consisted of nine broken arms, two broken ankles, one dislocated elbow, one bruised chest, and one spinal cord injury.

Here are some recommendations for safe trampoline use:

- **Never allow more than one child at a time on a trampoline.**
- **Be sure there is an adult supervising.**
- **The jumping surface should be at ground level.**
- **Supporting bars and landing surfaces should be padded.**



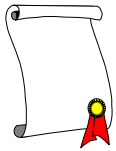
APPOINTMENTS TO ALASKA COUNCIL ON EMERGENCY MEDICAL SERVICES



In April, Governor Knowles appointed Donald G. Hudson, D.O., FACEP, and Dorothy Jones to the Alaska Council on Emergency Medical Services (ACEMS). Congratulations to each of them, and we welcome them to ACEMS!

Dr. Hudson, who is well known in the Alaska EMS community, serves in the Council's emergency medicine physician position. He is an emergency department physician at Alaska Regional Hospital in Anchorage and at Valley Hospital in Palmer. He is medical advisor to Aurora North Academy, Alaska Regional Hospital Out-Reach Department, Alaska Regional Hospital LIFE-FLIGHT air ambulance, TransCare Ambulance Service, the Iliuliuk Family Clinic in Unalaska, and medical sponsor for Alaskan Midlevel Practitioners & EMTs. He is also Vice-President of Denali Emergency Medicine Associates. In addition, he teaches safety, survival, weight management, weight training, medical and medevac issues. He also enjoys snowmobiling, flying, photography, and movies.

Ms. Jones is filling a consumer position, serving the 4th Judicial District. She has lived in Fairbanks since 1974, where she and her family moved from Texas. She began teaching at the University of Alaska Fairbanks in 1975, and received the Delta Kappa Gamma Outstanding Teaching Award in 1987 and the university's Outstanding Full-Time Teacher Award in 1991. During her time at the university, Ms. Jones has served as a teacher in the Office Occupations Department, Associate Professor of Computer Applications, Acting Associate Dean of the School of Career and Continuing Education, and currently Assistant to the Chancellor for Equal Opportunity. She says that her experience in emergency situations is limited: in 1991, shortly after completing an Advanced First Aid class, an elderly woman visiting her church had a massive heart attack. Ms. Jones was able to render CPR until help arrived. The victim was in a coma at Fairbanks Memorial Hospital for eleven days, and was not expected to live, so the family made final arrangements for her return home. The happy outcome was not only the survival of the victim but she later wrote to Ms. Jones that she was enjoying driving around the country! Traveling to foreign countries, observing outdoor sports, and fishing with her spouse are some of the extra activities Dorothy enjoys.



EMS Symposium Continuing Education Credits

Continuing education credits for EMTs and Mobile Intensive Care Paramedics, nurses, physicians and physician assistants are being arranged for most of the programs.

EMS Symposium Special Events

- ◆ There will be a complimentary luncheon for EMS Instructors sponsored by Alaska Regional Hospital on Friday, November 12th, from 12:00 - 1:30 PM. It will be located at Alaska Regional Hospital, 2801 DeBarr Road. You can sign-up to attend on the symposium pre-registration form. Space is limited to the first 50.
- ◆ The Twenty-second Annual All Alaska EMT Skills Competition will be held on Saturday afternoon. Once again, the skills competition is being organized by EMT-Instructor Alan Loken and sponsored by the Alaska Medical Support Team. (See page 4 for details)
- ◆ The Twenty-second Annual Governor's EMS Awards Banquet will be held on Saturday evening at the Egan Center. Annual Governor's EMS Awards will be presented to a Consumer/Citizen, Provider, Administrator/Researcher, Nurse (the Melissa Ann Peters Memorial Award), EMS Educator, and a Physician (the Longenbaugh Memorial Award). An Outstanding Ambulance Service award and a \$500 gift certificate from Safety Incorporated also will be presented.

Because of subsidies generously provided by several vendors, the cost for the banquet is only \$22.00. The menu will be Florentine salad: spinach served with sliced mushrooms, egg, diced red pepper and honey dijon dressing; Chicken Cordon Bleu: boneless breast of chicken stuffed with smoked ham, swiss cheese, lightly breaded and served with mornay sauce; starch & vegetable ala chef; and chocolate mousse. Please indicate any special dietary needs when pre-registering.

Airfare



Alaska Airlines is offering discounted airfare for travel to the Symposium. They will give **5%** discount on all published excursion fares except for companion fares, "V" inventory or other promotional offers. They will discount **10%** from YAS booked in "Y" inventory. All fare rules apply. Request code **CMR3606**.

EMS Administrators – Pop Quiz

1. How often is the physician medical director for a state-certified EMT-I, II or III required to review treatment protocols?
2. Is an appropriately credentialed EMT allowed to trespass upon property at or near the scene of an accident, illness, or emergency at any time of day or night;
3. Are EMTs who are properly trained to use automated external defibrillators required to be certified as defibrillator technicians?
4. Are certified Emergency Medical Dispatchers afforded immunities from civil liability under AS 18.08.086 (as is the case with certified Emergency Medical Technicians)?
5. Are there specific requirements for additional medications and procedures to be approved by the Department of Health and Social Services for inclusion in standing orders?

(Answers on Page 9)

Emergency Medical Technicians Help Alaskan Kids Shine Bright

Nearly 51,000 children became "bright kids" last fall when emergency medical rescue workers, firefighters and others went into classrooms across the state to distribute safety reflectors to every Alaskan child between the ages of kindergarten and third grade.



The program dubbed, Little Ones in the Dark, was created by Southern Region EMS Council (SREMSC), the Alaska Highway Safety Planning Agency, and the Alaska School Bus Safety Committee. Its goal was to help make Alaska children more visible as they traveled to school and back on Alaska's dark mornings and afternoons.

"Kids here in Alaska travel to school and back in the dark for so many months," said Ronni Sullivan, executive director of Southern Region EMS Council. "Drivers can't always see them so we wanted to give them something that would make them more visible."

At the heart of the campaign, more than 200 volunteers went into schools and gave reflectors away to students around the state. They also taught the children how to stay safe as they traveled to school using specially created posters as a teaching guide.

Developed to look like a game board, the posters list core

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24th ANNUAL EMS SYMPOSIUM SCHEDULE

PRE-SYMPOSIUM WORKSHOPS

2 DAY WORKSHOPS

WEDNESDAY & THURSDAY, NOVEMBER 10 & 11

8:00 AM – 5:00 PM
(BLS/ALS Track)

Pediatric Pre-hospital Care Course
Becky Lundqvist, RN
Alaska Regional Hospital
Location: Hotel Captain Cook
Cost – \$150.00

9:00 AM – 5:00 PM
(ALS/MD/Nursing)

Pediatric Advanced Life Support
Providence Health System Alaska
Location:
Day One: Hotel Captain Cook
Day Two: Providence Alaska Med. Center
Cost – \$175.00

1 DAY WORKSHOPS

THURSDAY, NOVEMBER 11

8:00 AM – 5:00 PM
(BLS Track)

Family Violence Workshop
Coordinated by Kathy Griffin, MICP
Southern Region EMS Council, Inc.
Cost – \$50.00

(BLS/ALS Track)

*Domestic Preparedness Training:
Responding to Weapons of Mass
Destruction*
Cost – \$50.00

8:30 AM - 5:00 PM
(BLS/ALS Track)

Hazmat Awareness
Tom Wells
Anchorage Fire Department
Cost – \$50.00

(Management Track)

EMS Billing 101
Leslea Adams
CEO, Mediclaims, Inc.
Cost – \$75.00

HALF-DAY WORKSHOPS

THURSDAY, NOVEMBER 11

Cost – \$50.00 for all or any part of the day

8:30 AM – 12:00 PM
(BLS/ALS Track)

Life at its Outer Limits
Twink Dalton, RN, NREMT-P
Training Division, EMS Section
Omaha Fire Department
Omaha, NE

(ALS Track)

Advanced Airway Management
Matthew Cowell, CRNA
Bassett Army Community Hospital

12:00 PM – 1:30 PM

LUNCH

1:30 PM - 5:00 PM
(BLS/ALS Track)

*Shock: The Lay-up, The Sinker,
The Bounce*
Twink Dalton, RN, NREMT-P

(Instructor Track)

*Developing "PowerPoint"
Expertise Workshop*
Mike Dolph
Program Director
Bayside Fire Department
Kodiak Island, AK
Special Instructions: Participants are urged to bring a laptop computer with PowerPoint software and several blank 3.5 computer disks and any favorite clipart.

3 DAY COURSE

8:00 AM – 5:00 PM
(EMD)

*Emergency Medical Dispatch
Training*
University of Alaska Fairbanks
Dispatch Center Staff
Cost – \$125.00

**All classes are held at the
Egan Convention Center, unless
otherwise noted.
Please note times and
special instructions.**

FRIDAY, NOVEMBER 12

7:30 AM – 9:00 AM	<u>Registration</u>
9:00 AM – 10:00 AM	<u>Opening Session</u> Mark S. Johnson, MPA, Chief Section of Community Health & EMS Matt Anderson, EMS Unit Manager Section of Community Health & EMS
10:00 AM – 10:30 AM	BREAK
10:30 AM – 12:00 PM	<u>General Session</u> <u>Pediatric EMS Issues</u> Robert Sapien, MD, FAAP Medical Director, Pediatric Emergency Department University of New Mexico
12:00 PM – 1:30 PM	LUNCH <i>EMS Instructors' Luncheon</i> Sponsored by Alaska Regional Hospital
1:30 PM – 3:00 PM (BLS Track)	<u>Inhalant Abuse and EMS Response</u> Dr. Frank Gonzales Alaska Native Medical Center
(BLS Track)	<u>How to Talk to Kids</u> Merijeane A. Moore, DO Psychiatrist, Private Practice Anchorage, AK
(BLS/ALS Track)	<u>Respiratory Distress in Children</u> Robert Sapien, MD, FAAP
(Instructor Track)	<u>Remediation: Excedrin Headache #39</u> Twink Dalton, RN, NREMT-P
(Management Track)	<u>Preparing to Respond to Bioterrorism</u> Frank Nolan, MICP Anchorage Fire Department
(Management Track)	<u>Ethical Decision-Making: Facts, Concepts, Principles, and People</u> Harold Cohen, M.S., EMT-P Baltimore County Government
3:00 PM – 3:30 PM	BREAK
3:30 PM – 5:00 PM (BLS Track)	<u>EMS and the New Domestic Violence Laws (A Panel Discussion)</u> Coordinated by Kathy Griffin, MICP Southern Region EMS Council, Inc.
(BLS/ALS Track)	<u>Big Red: Anaphylactic Shock</u> Twink Dalton, RN, NREMT-P
(BLS/ALS Track)	<u>Pediatric Shock</u> Scott Wellmann, MD Pediatric Cardiology

(Instructor Track)	<u>Attention Deficit/Hyperactivity (AD/HD) Another Teaching Challenge for the EMS Instructor</u> Harold Cohen, M.S., EMT-P
(Injury Prevention)	<u>It's Good to ASK: A Role for Emergency Medical Personnel in Suicide Prevention</u> Susan Soule, Alaska Division of Alcoholism and Drug Abuse Iva Greywolf, Clinical Psychologist Southeast Alaska Regional Health Consortium Janine Sparks, Guidance Counselor Wasilla High School
(Management Track)	<u>Y2K Issues</u> Dusty Findley Alaska Division of Emergency Services

CLINICAL TRACK

8:30 AM - 10:00 AM	<u>Treatment of Outpatient Bronchitis and Pneumonia and Discussion of recent Published Guidelines for Antimicrobial Therapy and Admission Criteria</u> Martin C. Gleich, MD Pulmonology/Critical Care Salt Lake City, Utah
10:00 AM - 10:30 AM	BREAK
10:30 AM - 12:00 PM	<u>General Session</u> <u>Pediatric EMS Issues</u> Robert Sapien, MD Medical Director, Pediatric Emergency Department University of New Mexico
12:00 PM - 1:30 PM	LUNCH
1:30 PM - 3:00 PM	TBA Sponsored by the Alaska Chapter of American College of Emergency Physicians (ACEP)
3:00 PM - 3:30 PM	BREAK
3:30 PM - 5:00 PM	<u>Arrhythmias, Atrial and Ventricular: Recognition and What is New in Treatment</u> Mark Sellend, MD Cardiology Anchorage, Alaska
6:00 PM	ACEP DINNER Location: Hotel Captain Cook

SATURDAY, NOVEMBER 13

8:30 AM – 10:00 AM
(BLS Track)

Death in the Pre-hospital Setting
Janice Bacon, EMT, RN, FNP
Providence Alaska Medical Center

(BLS Track)

S.T.A.R.T. Triage
Janet Johnson, RN, BSHA, CEN, SANE
Central Peninsula General Hospital

(BLS/ALS Track)

Such Sweet Shock: Diabetes
Twink Dalton, RN, NREMT-P

(BLS/ALS Track)

Pre-hospital Guidelines for Traumatic Brain Injury
Andrew Jagoda, MD
Department of Emergency
Medicine, Mount Sinai, New York

(Injury Prevention)

TBA

(Management Track)

NHTSA EMS Technical Assistance Team Reassessment Results
Matt Anderson
EMS Unit Manager

10:00 AM – 10:30 AM

BREAK

10:30 AM – 12:00 PM
(BLS Track)

EMS and Organ/Tissue Donation
Jens Saakvitne
Life Alaska

(BLS Track)

Negotiating Techniques: How to Get What You Want
Janet Johnson, RN, BSHA, CEN, SANE

(BLS Track)

Responding to Violent Situations
Anchorage Police Department

(BLS/ALS Track)

Children With Developmental Disabilities – EMS Involvement
Leanna Rein, RN
Division of Mental Health and Developmental Disabilities, State of Alaska

(Injury Prevention)

EMTs: Predicting Injury and Preventing Crisis
Joan Diamond, RN
Health Education, Municipality of Anchorage

(Management Track)

Functional Leadership for the EMS Officer
Harold Cohen, MS, EMT-P

12:00 PM – 1:30 PM

LUNCH
Safe Kids Luncheon
Sponsored by Providence Hospital
Top of the World – Hilton Hotel

1:30 PM – 3:00 PM
(BLS Track)

How to Maximize Your Use of the Internet
Kathy Murray
UAA, Consortium Library

(Instructor Track)

The New ALS Curricula – What it all Means
George Angus, MICP
Aurora North Emergency Services Academy

1:30 PM

Skills Competition

7:15 PM

No Host Cocktails

8:00 PM

EMS Awards Banquet

CLINICAL TRACK

8:00 AM - 9:00 AM

Symptomatic and Therapeutic Treatment of the Common Cold
Martin C. Gleich, MD

9:00 AM - 10:00 AM

Respiratory Distress, Bronchiolitis and RSV
Robert Sapient, MD

10:00 AM - 10:30 AM

BREAK

10:30 AM - 12:00 PM

Headache Evaluation and the Treatment of Migraines
Tom Gordon, MD
Neurology
Anchorage, Alaska

12:00 PM - 1:30 PM

LUNCH

1:30 PM - 3:00 PM

TBA

2:00 PM - 5:00 PM

EMS Medical Directors Workshop
* See article on page 2 for additional information regarding this session.

7:15 PM

No Host Cocktails

8:00 PM

EMS Awards Banquet

Answers to Pop Quiz

1. Annually (7 AAC 26 640 (b) (2))
2. Yes (AS 18.08.075 (4))
3. No, this requirement was repealed based on changes in Alaska statute. EMT-Is using manual defibrillators are still required to be certified as manual defibrillator technicians.
4. Yes, this law provides some immunities from civil liability for emergency medical dispatchers.
5. Yes, 7 AAC 26.670 requires the medical director to submit a request for approval which includes plans for training an evaluation.

The statutes and regulations on which the questions and answers were based can be downloaded from the EMS program's web site.

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safety rules that children should follow while they walk to school or wait for the bus. The posters were left on classroom walls so children could see them and remember the safety tips every day.

Accompanying brochures were also sent home to parents so they could go over the safety tips with children.

"We wanted the kids to get the message in as many ways as possible," said Sullivan of SREMSC. "We really wanted them to remember that they need to take care of themselves."

To encourage children to wear the reflectors, bright blue and yellow stickers that read: "Hey, I'm a bright kid. I wear a reflector whenever I go outside!" were given to teachers. The teachers were asked to give stickers to students who wore their reflectors to school. To further interest the children, a coupon promising a free order of french fries to any child who wore their *Little Ones in the Dark* reflector was also sent home.

"Giving the kids the reflectors was one thing," said Sullivan. "But we also wanted them to get excited about wearing them. It does no good if the reflectors simply sit at home without being attached to the jacket."

Program coordinators also created radio and television public service announcements to help notify parents about the importance of outfitting children with reflectors and bright clothing and to remind drivers to watch out for kids in the mornings and late afternoons.

Radio station disc jockeys across the state also got involved in the program by reminding parents to make sure their children were wearing reflectors and bright clothing before they left for school. They read these daily reminders during the school bus schedule information, weather reports or morning news programs.

To help publicize the program, program coordinators distributed press releases to newspapers, radio stations, and television stations across the state. These were localized so community volunteers got credit for the part they played in the program. Media across the state featured the program. Op-ed articles were also distributed to newspapers to educate the community about the program and help people get involved in keeping kids safe.

"It was a huge effort but it yielded huge results," said Sullivan. "As EMS providers we want to make sure kids stay safe and I'm proud that we did such a good job."

Karen Montoya
Southern Region EMS Council

E-mail address changes:

The e-mail addresses of CHEMS staff have changed. The new addresses are formed as follows: `firstname_lastname@health.state.ak.us`. For example, Matt Anderson's new address is `Matt_Anderson@health.state.ak.us`.



Anne Haydon Retires

It probably comes as a surprise to many that Anne Haydon retired in July. Anne approached the issue of retirement as she did the important projects she performed within the Section of Community Health and EMS: with great preparation and a disdain for the limelight (swearing most of us to near secrecy about her upcoming departure).



Over her past 15 years with the EMS program, she was responsible for the certification of ground and air medical services, provided support for the Alaska Council on Emergency Medical Services, and performed many public information and education activities, including updating and distributing the "Help Along the Way" brochure and the "Alaska EMS Directory."

Those of us who had the privilege of working with her admired and respected her knowledge of EMS and her focus on the individuals she served, particularly within the local EMS agencies and Regional EMS Offices.

Although her presence is missed within the department, her accomplishments will be with us for quite some time and it's gratifying to know she is now out tending to gardens and friendships with the same energy she devoted to her job.

Attention Instructors:

There are two documents on the USDOT/NHTSA/EMS web site (<http://www.nhtsa.dot.gov/people/injury/ems/>) that may be of interest to you because of their potential long term impacts on EMS training. The *new National Standard EMT-Intermediate Curriculum* and the *EMS Education Agenda for the Future* are available for download and are worth reviewing.



Safe Kids Are No Accident

Interior Region EMS Council participated in a booth on safety information for kids at the Safety Information tent sponsored by the Interior Chapter of the Denali Safety Council during the Tanana Valley Fair. The fair was held August 6 – August 14. The Denali Safety Council has led the state of Alaska in efforts to reduce its unacceptably high level of unintentional deaths and injuries. The Injury Prevention exhibit at the fair consisted of an Information Tent; a game called the "Wheel of Safety;" and an Injury Prevention Mobile Classroom. This is a 10' x 30' trailer that simulates the kitchen and bedroom of a home to teach fire safety. The last part of the exhibit was a Junior Firefighter's Combat Challenge where kids got to do simple firefighter tasks. Thousands of children and adults participated in the exhibit, many were returnees from previous years. State fair officials have named it their most "visitor friendly" exhibit.



Finishing with a Bang

It's hard to believe that the year 2000 is nearly upon us. I'm sure that many of you, like me, view the transition to the new century as an opportunity to look back at successes and failures, renew

commitments and set new goals. When taking stock of our EMS system in Alaska, I am constantly awed by the efforts of EMTs, paramedics, EMS administrators, emergency nurses, EMS medical directors and others in Alaska who labor to improve emergency medical care and to make Alaska a safer place.

Our system's past and present are widely known and well documented. But what's next? Some of the answers to that question no doubt will arise from the report issued in September by the National Highway Traffic Safety Administration's EMS Technical Assistance Team. Thanks to funding from the Alaska Highway Safety Planning Agency, the six-person TAT will be reevaluating our state's EMS system against national standards. The last assessment, in 1992, resulted in many significant improvements to our system. The team will, no doubt, provide us with many useful recommendations reflecting the wisdom and experience of its members.

There are other events which will help shape the direction of our program. Much of our spring this year was spent writing grant applications, an increasingly important part of our jobs. In July, we were notified that one of our applications had been approved and that we will be receiving a \$250,000 grant through the Emergency Medical Services for Children program of the federal Maternal and Child Health Bureau (MCHB), Health Resources and Services Administration (HRSA). The purpose of the grant, which is being overseen by Doreen Risley, is to enhance the emergency medical services delivered to Alaska Native children (who have disproportionately high rates of injury and illness). The grant proposes exciting goals related to EMS training, including the distance delivery of EMS education, injury prevention, data collection and telemedicine. We have no doubt that this project will improve EMS throughout Alaska.

Previous articles have brought attention to our activities related to prehospital emergency medical data collection. We have embarked on this exciting (and admittedly long) journey with the release of the new model State EMS Run Report, and we are entering into a contract to develop data acquisition and reporting capabilities within our office.



There are many other projects in the works which promise to pay big dividends to the EMS system. These will be outlined in more detail at the State EMS Symposium and in future issues of this newsletter. One of the best ways to stay in touch with emerging issues is to subscribe (it's free) to our internet list server and to visit our web site on a regular basis. Information on the new State EMS Run Report, and more information about the EMS for Children and Data Collection projects, are available at the site, located at http://www.hss.state.ak.us/dph/ems/ems_home.htm.

Data collection, Y2K preparations, EMS for Children, bioterrorism and weapons of mass destruction and myriad other projects, added to the normal din of day to day activities related to EMS certification and other activities, make for interesting and challenging days for EMS program staff.

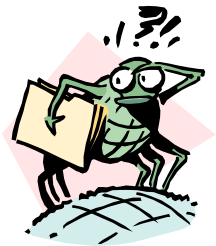
With all the changes taking place in our field, one certainty remains. EMS in Alaska is a team effort. Thanks to EMS supporters of the past and present, our state's residents and visitors benefit from a fine EMS system. We look forward to working together with you to continue its growth and improvement in the years to come.

Matt Anderson

EMS Unit Manager

Did you know:

Section (m) of Alaska Statute 28.35.030, related to the offense of operating a vehicle, aircraft or watercraft while intoxicated, says that "If the act for which a person is convicted under this section contributes to a motor vehicle accident, the court shall order the person to pay the reasonable cost of any emergency services that responded to the accident, if the convicted person or the convicted person's insurer has not already paid the cost of the emergency services. If payment is required under this subsection, the payment shall be made directly to the emergency service and shall be equal to the actual cost of responding to the accident or the previous year's annual average cost of responding to a motor vehicle accident, whichever is higher. In this subsection, "emergency service" includes a peace officer, fire department, ambulance service, emergency medical technician or emergency trauma technician."



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